<table>
<thead>
<tr>
<th>TABLE OF CONTENTS</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Letter from the Leadership</td>
<td>3</td>
</tr>
<tr>
<td>Where We Work</td>
<td>4</td>
</tr>
<tr>
<td>Key Statistics</td>
<td>4</td>
</tr>
<tr>
<td>Integrated Healthcare Services</td>
<td>5</td>
</tr>
<tr>
<td>Snapshot of FY 2073 – 2074</td>
<td>6</td>
</tr>
<tr>
<td>Key Performance Indicators (KPI)</td>
<td>7</td>
</tr>
<tr>
<td>Impact</td>
<td>8</td>
</tr>
<tr>
<td>Highlights</td>
<td>9</td>
</tr>
<tr>
<td>Financials</td>
<td>10</td>
</tr>
</tbody>
</table>
LETTER FROM THE LEADERSHIP

Dear Partners,
As world leaders commit to closing the gap around universal healthcare, we at Nyaya Health Nepal are hard at work designing and implementing health systems that put the most underserved patients at the center.

Over nearly a decade, we have learned that the most effective way of improving patient outcomes requires high-quality facilities integrated with a Community Healthcare Worker (CHW) network that expands care in last mile communities. We also know that the best way of driving down morbidity and mortality cannot come at a financial hardship to patients.

For us, the year 2073–74 represented a tipping point. We witnessed our expanded CHW network and newly created Electronic Health Record (EHR) converge. The number of people enrolled in our system with a unique identifier, that will stay with them for the life of their care, increased to over 81,000.

We are building an adaptive system that can actively survey disease and respond quickly to prevent epidemics. It can also provide targeted care to patients who need heightened levels of support, so that a pregnant woman, for example, can receive a customized birth plan based on her unique health condition.

As a result of our focus on maternal health, institutional birth rate has risen from 30% in 2068 – 69 to over 95% in 2073 – 2074.

The historic passage of the National Health Insurance Act in the Parliament represents an important step towards ensuring the right for all to essential healthcare enshrined in the constitution. As an organization focused on the delivery of patient-centric, quality care for underserved rural populations, Nyaya Health is committed to supporting the government in making the National Health Insurance Scheme a success and scaling our integrated healthcare delivery approach to more people as a result of this financing scheme.

We are grateful to the Ministry of Health and to all of our partners for enabling us to deliver quality care to thousands across Nepal. We cannot do this work without you.

Team Nyaya Health Nepal
WHERE WE WORK

Achham
Bayalpata Hospital
Bayalpata and Kamal Bazaar
Catchment Area Population
60,000
Number of Staff
160

Kathmandu
*Administrative Only
Number of Staff
31

Dolakha
Charikot Hospital
Bhimeshor
Catchment Area Population
21,620
Number of Staff
93

Key Statistics

| Total number of patients treated since 2064-65 | 538,961 |
| Total number of staff | 284 |

Team Allocation

| Hospital Healthcare Delivery | 206 |
| Community Healthcare Delivery | 47 |
| National (Leadership & Program Design) | 31 |
## INTEGRATED HEALTHCARE SERVICES

<table>
<thead>
<tr>
<th>Institutional Birth Rate</th>
<th>Hospital</th>
<th>Community Healthcare</th>
</tr>
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<tbody>
<tr>
<td>Cesarean section</td>
<td>Individualized birth planning for all pregnant women</td>
<td></td>
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<tr>
<td>Ambulance services</td>
<td>Group antenatal and pediatric care</td>
<td></td>
</tr>
<tr>
<td>Lab services–focus on pregnancy risk stratification</td>
<td>Active surveillance of pregnancy and early childhood illness</td>
<td></td>
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<tr>
<td>Ultrasound</td>
<td>Support in receiving government ANC reimbursements</td>
<td></td>
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<tr>
<td>Postpartum Contraceptive Prevalence Rate</td>
<td>Permanent family planning methods</td>
<td>Breastfeeding support</td>
</tr>
<tr>
<td>Reversible family planning methods</td>
<td>Postpartum counseling</td>
<td></td>
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<tr>
<td>Postpartum counseling</td>
<td></td>
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</tr>
<tr>
<td>Surgical Complications Rate</td>
<td>General surgery</td>
<td>Home visits for patients following surgery (adherence, counseling, coordination for facilities–based care)</td>
</tr>
<tr>
<td>Orthopedic surgery</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lab services–focus on surgical risk and complications assessment</td>
<td>X-Ray</td>
<td></td>
</tr>
<tr>
<td>Chronic Disease Control Rate</td>
<td>Outpatient services for chronic diseases</td>
<td>Home visits for chronic diseases patients (adherence, counseling, coordination for facilities–based care)</td>
</tr>
<tr>
<td>Outpatient mental health services</td>
<td></td>
<td>Home visits for mental health patients (adherence, counseling, coordination for facilities–based care)</td>
</tr>
<tr>
<td>Laboratory investigations for chronic diseases</td>
<td>Passive surveillance of chronic diseases</td>
<td></td>
</tr>
<tr>
<td>Universal Services</td>
<td>Enrollment in Electronic Health Record</td>
<td>Enrollment in Electronic Health Record</td>
</tr>
<tr>
<td>Inpatient, Outpatient, Surgical &amp; Emergency Care</td>
<td>Home-based follow-up visits for adherence &amp; counseling</td>
<td></td>
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<tr>
<td>Lab services, including microbiology</td>
<td>Active surveillance &amp; referrals for facilities-based care</td>
<td></td>
</tr>
<tr>
<td>X-Ray &amp; ultrasound services</td>
<td></td>
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<tr>
<td>Government vertical programs (HIV, TB, Safe Motherhood, etc.)</td>
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SNAPSHOT OF FY 2073 - 2074

**Achham**

- **Surgical Procedures**
  - FY 72/73: 4,700
  - FY 73/74: 6,600

- **Deliveries**
  - FY 72/73: 650
  - FY 73/74: 650

- **Total Patients**
  - FY 72/73: 86,900
  - FY 73/74: 86,400

- **Inpatients**
  - FY 72/73: 2,800
  - FY 73/74: 3,300

- **Outpatients**
  - FY 72/73: 77,500
  - FY 73/74: 77,000

- **Emergency**
  - FY 72/73: 5,900
  - FY 73/74: 5,400

- **Chronic Disease Patients**
  - FY 72/73: 7,100
  - FY 73/74: 6,050

- **Contraceptive Procedures**
  - FY 72/73: 25,200
  - FY 73/74: 18,500

**Dolakha**

- **Surgical Procedures**
  - FY 73/74: 2,250

- **Deliveries**
  - FY 73/74: 850

- **Total Patients**
  - FY 73/74: 64,500

- **Outpatients**
  - FY 73/74: 59,200

- **Inpatients**
  - FY 73/74: 2,500

- **Emergency**
  - FY 73/74: 2,750

- **Antenatal Care**
  - FY 73/74: 980

- **Contraceptive Procedures**
  - FY 73/74: 500
# KEY PERFORMANCE INDICATORS (KPI)

**Institutional Birth:** Target 95%
- The % of women giving birth in a healthcare facility with a trained clinician.
- Global Comparison: Global % of births with a skilled birth attendant 79% (2016) UNICEF
- National Comparison: 55.2% (2014) UNICEF
- 95% (Achham)  
- FY 73/74  
- 78%  
- FY 72/73  
- 78%  
- FY 71/72

**Contraceptive Prevalence:** Target 40%
- The % of reproductive aged women who delivered in the past 2 years using modern contraceptive methods.
- Global Comparison: Global % contraceptive prevalence 65% (2015) UN
- National Comparison: 49.6% (2014) World Bank
- 45% (Achham)  
- FY 73/74  
- 45%  
- FY 72/73  
- 34%  
- FY 71/72

**Surgical Complications:** Target ≤5%
- The % of complications reported prior to discharge after surgical services are provided at our healthcare facilities.
- 0% (Achham and Dolakha)  
- FY 73/74  
- 0%  
- FY 72/73  
- 0%  
- FY 71/72

**Chronic Disease Control:** Target 50%
- The % of total chronic disease patients under our care who have their disease under control.
- 32% (Achham)  
- FY 73/74  
- 50%  
- FY 72/73  
- 50%  
- FY 71/72
IMPACT FROM FY 2073 – 2074

1. Treated 150,000 patients at Bayalpata and Charikot Hospitals, in addition to completing 500,000 patient visits since Nyaya Health Nepal’s inception.

2. Established Bayalpata Hospital as an innovation hub for rural healthcare learning. Initiated Orthopedic surgeries, started a Mental Health program, and became one of the 81 Multiple Drug Resistant Tuberculosis (MDRTB) sub-centers in Nepal.

3. Celebrated one-year anniversary of Charikot Hospital, in partnership with the government, that we managed in the aftermath of 2015 earthquakes.

4. Observed an increase in institutional birth rate, a proxy for maternal mortality, in the 14 village clusters in Achham, where Nyaya Health Nepal works, to 95% in 2073/74, up from 30% in 2067/68.

5. Enrolled over 81,000 patients our Electronic Health Record system, in addition to deploying an integrated digital platform to link patient records across Community Healthcare and Hospital programs.

6. Expanded the Community Healthcare to Dolakha to reach 25,000 people in Charikot Hospital’s catchment area.

7. Secured district-wide authorization by Nepal’s Ministry of Health to scale up our professionalized CHW program throughout Achham and Dolakha districts.

8. Established Gender Equity Committee (GEC), a cross department advocacy group to identify and problem solve around structural inequity at the organization-wide and population health levels.

9. Bayalpata Hospital was selected as the only privately managed government hospital to participate in the national health insurance scheme rollout pilot.

10. Rebuilt 21 health posts, a critical component to the public health system infrastructure damaged by the 2015 earthquakes.
1. Secured an agreement to enroll Community Healthcare services in all districts of Achham and Dolakha within the next three years, as a result of our work with the National Community Health Worker RMNCH (Reproductive, Maternal, Neonatal & Child Health) USAID PEER Study.

2. Received Chandrakumari-Himalayaraj Joshi Healthcare Award and a cash prize of NPR 25,000 by the former President Dr. Ram Baran Yadav.

3. Awarded Community Hospital Grant worth NPR 53,707,000 for Bayalpata and Charikot Hospital, by the Ministry of Health.

4. Featured in a documentary film, *The Life Equation*, depicting the struggles and hopes of governments, providers, patients, and families grappling with harsh realities of disease.

5. Electronic Health Record (EHR) featured in a study of overseas innovators on how tech tools are the key to improving health outcomes while reducing cost.

6. Participated on Harvard’s Global Health Delivery Online panel to share recommendations around strengthening Community Health Workforce worldwide.

7. Invited to share advice at the Primary Care Coalition workshop hosted by World Economic Forum on financially viable models of healthcare that can be scaled and replicated in any context to meet SDG around Universal Healthcare coverage.


FINANCIALS

Cash Contribution from Government of Nepal

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<thead>
<tr>
<th>Cash Contribution from Government of Nepal</th>
<th>FY 73/74 (NPR)</th>
<th>FY 72/73 (NPR)</th>
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<tbody>
<tr>
<td>Capital Funding</td>
<td>48,600,000</td>
<td>50,000,000</td>
</tr>
<tr>
<td>Performance Based Grant Agreement</td>
<td>3,000,000</td>
<td>3,000,000</td>
</tr>
<tr>
<td>Other</td>
<td>3,600,000</td>
<td>2,300,000</td>
</tr>
<tr>
<td>Total</td>
<td>55,200,000</td>
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In-kind Support from Government of Nepal

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<tr>
<th>In-kind Support from Government of Nepal</th>
<th>FY 73/74 (NPR)</th>
<th>FY 72/73 (NPR)</th>
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<tbody>
<tr>
<td>Pharmaceutical, Supplies &amp; Medical Equipment</td>
<td>13,350,000</td>
<td>12,900,000</td>
</tr>
<tr>
<td>Staffing</td>
<td>8,720,000</td>
<td>6,100,000</td>
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<tr>
<td>Land &amp; facilities</td>
<td>2,170,000</td>
<td>2,170,000</td>
</tr>
<tr>
<td>Total</td>
<td>24,240,000</td>
<td>21,170,000</td>
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<tr>
<td>Revenue by type</td>
<td>FY 73/74 (NPR)</td>
<td>FY 72/73 (NPR)</td>
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<tr>
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<tr>
<td>Possible / Philanthropic Partner</td>
<td>365,330,000</td>
<td>243,960,000</td>
</tr>
<tr>
<td>Government of Nepal</td>
<td>79,420,000</td>
<td>76,430,000</td>
</tr>
<tr>
<td>Other Sources</td>
<td>59,370,000</td>
<td>89,325,000</td>
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<tr>
<td>Total</td>
<td>504,120,000</td>
<td>409,715,000</td>
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<tr>
<th>Expense by type</th>
<th>FY 73/74 (NPR)</th>
<th>FY 72/73 (NPR)</th>
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<tr>
<td>Capex Projects</td>
<td>216,520,000</td>
<td>166,080,000</td>
</tr>
<tr>
<td>National [Leadership &amp; Program Design]</td>
<td>32,260,000</td>
<td>14,700,000</td>
</tr>
<tr>
<td>Community Healthcare Delivery</td>
<td>22,890,000</td>
<td>19,980,000</td>
</tr>
<tr>
<td>Hospital Healthcare Delivery</td>
<td>257,470,000</td>
<td>228,580,000</td>
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<tr>
<td>Total</td>
<td>257,470,000</td>
<td>429,340,000</td>
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Nyaya Health Nepal (NHN) delivers high-quality, affordable healthcare in rural Nepal. Impacted by civil war and natural disasters, NHN is helping to transform health systems in partnership with the Ministry of Health. We deliver care to over 150,000 patients annually in two hospital hubs and through our community health worker network. We have witnessed dramatic results through our integrated hospital-to-home model that has helped reduce maternal and infant morbidity and mortality. We envision a future where everyone, regardless of location or income, is guaranteed universal health coverage as a human right, not a privilege.

Bayalpata Hospital
Sanfebagar, 10700

Nyaya Health Nepal (NHN)
700 Bluebird Complex, Floor 7
Tripureshwor, Kathmandu

Charikot Hospital
Bhimeshwor, 45500

Get in touch
answers@possiblehealth.org